

Mediterranean Stuffed Salmon

Compliments of Ross Campbell

Take **1 - 3-4 lb Atlantic Salmon Fillet**, slice horizontally from belly side, not quite through the back, creating a stuffing pocket.

Combine:

Zest of one lemon

6 oz. Sundried Tomato - drain the oil and mince

8 oz. Feta Cheese - crumbled

1 bunch of parsley, finely chopped

Pepper, to taste

Stuff the mixture into the pocket. Squeeze lemon juice over top. Bake in a 400F oven until done.



MAINSTREAM
CANADA

mainstreamcanada.com